

## Suggested Packing List



- Jeans
- Shorts
- T-shirts or other short sleeve shirts
- Long sleeve shirts
- Sweatshirt or a fleece (We have chilly nights here! Hoodies are available in our Camp Store)
- Underwear (bring enough for each day, plus extra)
- Socks (you can never have too many socks)
- Comfy, but sturdy shoes for hiking and sports
- Old tennis shoes (for getting muddy)
- OPTIONAL: Water shoes (like crocs or keens; not flip-flops) for boating. You need something that will hold your heel)
- Shower sandals (these can be flip flops)
- Swimming suit (LADIES: MUST BE ONE PIECE, OR TANKINI. NO BIKINIS)
- Pajamas or sleepwear
- Hat, cap or bandana
- Washcloth and towels (one for swimming, one for bathing, one or two extras)
- Toiletries: toothpaste, toothbrush, soap, shampoo, hair brush, nail clippers, sanitary supplies, chap-stick and travel size tissues.
- Deodorant (recommended for ages 10 and up. We are very active here!)
- Sleeping bag or twin size sheets and blanket. (NO NEED TO BRING BOTH).
- Pillow with pillow-case
- Water-bottle (available at Camp Store)
- Rain Coat or Poncho
- Warm Jacket
- Sunscreen and bug spray
- Letter writing material: stamps, pens, pencils, stationary, envelopes (pre-addressed is best)
- Disposable Camera(s)
- Journal
- Laundry bag (or garbage bag) for dirty laundry
- OPTIONAL: Flashlight (use of flashlights is not permitted during most evening activities; outside lights illuminate the restroom areas throughout the night)
- Any prescription medications you need while you're here (must be in original prescription bottle; will be checked in with the camp nurse)

### What NOT to Bring to Camp

- Cell Phones, iPods, Radios, pagers, walkman, MP-3 players, CD's, game boys or other electronic devices (we cannot be responsible for these items and they take away from the camp experience—most cabins have music in them).
- Weapons, including pocket knives
- Over the counter medications (we have a fully equipped health lodge). If a camper brings over the counter medicine, it must be checked in with our camp nurse at check in.
- Campers may be dismissed from camp if found possessing weapons, illegal drugs, alcohol or cigarettes.

### **Thank you for leaving these items at home!**

*Camp Whitewood is not responsible for lost or stolen items. Items that are left at Camp Whitewood will be donated to a local charity, so please check the lost and found before your departure. Please, do not send anything valuable or delicate to camp.*