**Suggested Packing List**

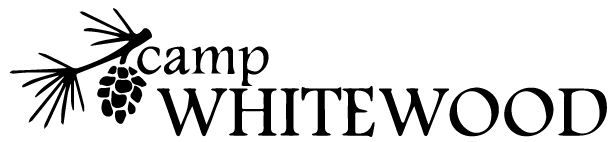
7983 S. Wiswell Rd. Windsor, OH 44099

440-272-5275 (office)

440-2725276 (fax)

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• Jeans

• Shorts

• T-shirts or other short sleeve shirts

• Long sleeve shirts

• Sweatshirt or a fleece (We have chilly nights here! Hoodies are available in our Camp Store)

• Underwear (bring enough for each day, plus extra)

• Socks (you can never have too many socks)

• Comfy, but sturdy shoes for hiking and sports

• Old tennis shoes (for getting muddy)

• OPTIONAL: Water shoes (like crocs or keens; not flip-flops) for boating. You need something that will hold your heel)

• Shower sandals (these can be flip flops)

• Swimming suit (LADIES: MUST BE ONE PIECE, OR TANKINI. NO BIKINIS )

• Pajamas or sleepwear

• Hat, cap or bandana

• Washcloth and towels (one for swimming, one for bathing, one or two extras)

• Toiletries: toothpaste, toothbrush, soap, shampoo, hair brush, nail clippers, sanitary supplies, chap-stick and travel size tissues.

• Deodorant (recommended for ages 10 and up. We are very active here!)

• Sleeping bag or twin size sheets or blanket. (NO NEED TO BRING BOTH).

• Pillow with pillow case

• Water-bottle (available at Camp Store)

• Rain Coat or Poncho

• Warm Jacket

• Sunscreen and bug spray

• Letter writing material: stamps, pens, pencils, stationary, envelopes (pre-addressed is best)

• Disposable Camera(s)

• Journal

• Laundry bag (or garbage bag) for dirty laundry

• OPTIONAL: Flashlight (use of flashlights is not permitted during most evening activities; outside lights illuminate the restroom areas throughout the night)

• Any prescription medications you need while you’re here (must be in original prescription bottle; will be checked in with the camp nurse)

*Camp Whitewood is not responsible for lost or stolen items. Items that are left at Camp Whitewood will be donated to a local charity, so please check the lost and found before your departure. Please, do not*

*send anything valuable or delicate to camp.*

**What NOT to Bring to Camp**

• Cell Phones, iPods, Radios, pagers, walkman, MP-3 players, CD’s, game boys or other electronic devices (we cannot be responsible for these items and they take away from the camp experience—most cabins have music in them).

• Weapons, including pocket knives

• Over the counter medications (we have a fully equipped health lodge). If a camper brings over the counter medicine, it must be checked in with our camp nurse at check in.

• Campers may be dismissed from camp if found possessing weapons, illegal drugs, alcohol or cigarettes.

Thank you for leaving these items at home!