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## Maple Dumplings

### Ingredients for Syrup:

2 cups maple syrup  
1 cup water  
2 Tablespoons butter

### Ingredients for Dumplings:

1 cup all-purpose flour  
2 teaspoons sugar  
1 1/2 teaspoons baking powder  
1/2 teaspoon salt  
1/4 teaspoon ground mace  
1/4 teaspoon ground nutmeg  
1 Tablespoon cold butter  
1 egg  
1/2 teaspoon vanilla  
1/2 cup milk (approximately)

### Directions:

~In large saucepan, combine maple syrup, water and butter. Bring to a boil over high heat then lower heat to a simmer.  
~In a medium bowl, combine the first 6 dumpling ingredients. Cut in butter until mixture resembles crumbs.  
~In a small bowl, beat the egg until frothy. Add the vanilla and milk; blend.  
~Pour the egg mixture over the flour mixture and stir slightly, just until ingredients are moistened.  
~Drop batter by tablespoonfuls on top of the gently bubbling syrup. There should be 6 dumplings.  
~Cover tightly and cook over low heat for 20 minutes, without lifting the lid.  
~Serve warm in sauce dishes and pass a pitcher of thin cream.

### 4-H Camp Whitewood

Windsor, Ohio  
www.4hcampwhitewood.com  
1-800-967-CAMP