



Resident Camp Packing List

Suggested but not limited to...

What to Wear

- ☐ *T-shirts or other short sleeve shirts
- ☐ *Shorts
- ☐ Long pants/Jean
- ☐ Sweatshirt/Hoodie/Light Jacket
- ☐ Underwear - & plenty extra!
- ☐ Socks - & plenty extra!
- ☐ Swimsuit (MUST BE ONE PIECE, OR TANKINI. NO BIKINIS)
- ☐ Pajamas/Sleepwear
- ☐ Hat/Cap/Banana/Sunglasses - or other sun protection

Shoes

- ☐ Comfortable (for hiking and sports)
- ☐ Mud Shoes
- ☐ Closed-Toed Water Shoes (like crocs or keens; not flip-flops. You need something that will hold your heel)
- ☐ Shower sandals (these can be flip flops)

Toiletries/Hygiene

- ☐ Shower Caddy
- ☐ Shampoo/Conditioner
- ☐ Soap
- ☐ Toothbrush/Toothpaste
- ☐ *Deodorant (We are active here!)
- ☐ Lotion
- ☐ Comb/Brush
- ☐ Washcloth and Bath Towel + 1-2 extra

Toiletries/Hygiene Continued

- ☐ Chapstick
- ☐ Sanitary supplies
- ☐ Dirty Laundry Bag

Camp Gear

- ☐ *Sunscreen and Bug Spray
- ☐ Swim Towel
- ☐ Sleeping Bag or Twin Sheets/Blanket
- ☐ Pillow with Pillowcase
- ☐ Water-Bottle
- ☐ Raincoat or Poncho
- ☐ *Medication to the Nurse

Optional (But Useful!)

- ☐ Letter writing material: stamps, pens, pencils, stationary, envelopes (pre-address envelopes for younger campers)
- ☐ Disposable Camera(s)
- ☐ Journal or books for down-time
- ☐ Flashlight (use when permitted)
- ☐ Small battery powered fan if your week is forecasted to be a hot one!
- ☐ Snacks permitted - must be in a sealable container (let's not attract animals!)

(*) please see helpful advice & warnings on next page

At Camp, Prepare to Gain:

Independence

Life Skills

Friendship

Life Long Memories

Camp Whitewood is not responsible for lost or stolen items. Items that are left at Camp Whitewood will be donated to a local charity, so please check the lost and found before your departure. Please, do not send anything valuable or delicate to camp.



Helpful Advice, and Warnings for Packing

- *Tops: Ensure all logos are appropriate and coverage is full - i.e. no crop tops, cut necklines, cut sleeveless shirts that expose undergarments, etc.
- *Shorts: Ensure length is appropriate and coverage is full.
- *Sunscreen, Bugspray, & Deodorant: Avoid aerosol administered products. There has been an increase of graffiti on camp due to misuse of these products. Camp reserves the right to dismiss campers for destruction and defacement of camp property.
- *Medication should be in the original package/bottle, with the exact amount needed.
- Avoid packing anything you're worried about losing/getting dirty/etc.
- Open toe or open heel shoes are NOT permitted at camp, except in the bathhouses.
- Keep in mind: campers will be sharing cabins with many friends and under-bunk space is limited, so resist the temptation to overpack!
- Helpful to initial clothing and towels with a permanent marker, especially camp store purchases made prior to camp.
- Do NOT send cash with your campers. All money for the camp store should be put onto the campers account prior to or during check-in. They can visit the store for snacks & merchandise two times each week (excludes Wilderness or Explorer Camp).

What NOT to Bring to Camp

- **CELL PHONES**, smart watches, game systems, music players, or other electronic devices!
- Weapons, including pocket knives.
- Over the counter medications (we have a fully equipped health lodge). If a camper brings over the counter medicine, it must be checked in with our camp nurse at check in.
- Campers may be dismissed from camp if found possessing weapons, illegal drugs, alcohol, vapors or cigarettes.

Thank you for leaving these items at home!

Sample Day Schedule:

7:00am Wake-Up Bell

8:00am Breakfast

9:15am Session 1 (Nature)

10:30am Session 2 (Crafts)

12:00pm Lunch

12:30pm Feet on Bed (Rest in Cabins)

1:45pm Session 3 (Boating)

3:00pm Session 4 (Swimming)

4:15pm Session 5 (Shooting Sports)

5:30pm Dinner

Evening Activities Proceed

8:30pm Snack

9:00pm-10:00pm Back to Cabins

11:00pm Lights Out

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